

TRIALS SESSION

DAY:

DATE:

300 METRES

TRIAL NO	DISTANCE	1 ST SPLIT	OVERALL TIME
1	300m	6.65	16.94
2	300m	6.69	16.94
3	300m	7.07	17.81
4	300m	6.97	17.67
5	300m	6.95	18.04
6	300m	6.96	17.69
7	300m	7.01	17.90
8	300m	6.71	17.21
9	300m	6.69	16.82
10	300m	6.74	17.05
11	300m	6.69	16.88
12	300m	6.67	16.92
13	300m	6.75	17.12
14	300m	6.73	16.98
15	300m	7.66	18.52
16	300m	7.04	17.60
17	300m	6.62	16.63
18	300m	6.66	16.70
19	300m	6.77	17.21
20	300m		
21	300m		
22	300m		
23	300m		
24	300m		
25	300m		
26	300m		
BEST ON DAY	DISTANCE	1ST SPLIT	OVERALL TIME
NO STARTERS:		6.62	16.63

TRIALS SESSION

DAY:

DATE:

300 METRES

TRIAL NO	DISTANCE	1 ST SPLIT	OVERALL TIME
1	300m	10.90	10.49
2	300m	10.21	10.21
3	300m	10.42	10.43
4	300m	11.30	10.34
5	300m	10.09	10.54
6	300m	10.28	10.51
7	300m	10.13	10.41
8	300m	10.03	10.00
9	300m	10.66	
10	300m	10.49	
11	300m	10.13	
12	300m	10.36	
13	300m	10.39	
14	300m	10.37	
15	300m	10.61	10.46
16	300m	10.23	10.58
17	300m	10.26	10.31
18	300m	10.31	10.01
19	300m	10.53	10.16
20	300m	10.74	10.30
21	300m	11.92	10.20
22	300m	10.82	10.08
23	300m	10.18	10.03
24	300m	10.15	10.09
25	300m	10.50	
26	300m		
BEST ON DAY	DISTANCE	1ST SPLIT	OVERALL TIME
NO STARTERS:			

Best of the day - 10.00

350 METRES

TRIAL NO	DISTANCE	1 ST SPLIT	OVERALL TIME
1	350m	6.87	20.00
2	350m	6.88	20.08
3	350m	6.79	19.86
4	350m	6.75	19.65
5	350m	6.72	19.85
6	350m	6.94	19.90
7	350m	6.84	20.13
8	350m	6.54	18.78
9	350m		
10	350m		
11	350m		
12	350m		
13	350m		
14	350m		
15	350m		
16	350m		
17	350m		
18	350m		
19	350m		
20	350m		
21	350m		
22	350m		
23	350m		
24	350m		
25	350m		
26	350m		
27	350m		
28	350m		
29	350m		
30	350m		
31	350m		
32	350m		
33	350m		
36	350m		
BEST ON DAY	DISTANCE	1 ST SPLIT	OVERALL TIME
No Starters:		6.54	18.78