

**TRIALS SESSION**

DAY: *Wednesday*

DATE: *19/7/17*

**300 METRES**

TRIAL NO	DISTANCE	1 <sup>ST</sup> SPLIT	OVERALL TIME
1	300m	<i>6.81</i>	<i>16.91</i>
2	300m	<i>6.87</i>	<i>17.41</i>
3	300m	<i>7.18</i>	<i>18.30</i>
4	300m	<i>7.07</i>	<i>18.07</i>
5	300m	<i>6.89</i>	<i>17.54</i>
6	300m	<i>6.87</i>	<i>17.63</i>
7	300m	<i>6.75</i>	<i>17.44</i>
8	300m	<i>6.84</i>	<i>17.84</i>
9	300m	<i>6.82</i>	<i>17.43</i>
10	300m	<i>6.76</i>	<i>17.07</i>
11	300m	<i>6.67</i>	<i>17.04</i>
12	300m <i>H/S</i>	<i>2.73</i>	<i>13.09</i>
13	300m <i>H/S</i>	<i>2.69</i>	<i>12.99</i>
14	300m	<i>6.54</i>	<i>16.89</i>
15	300m	<i>6.85</i>	<i>16.99</i>
16	300m		
17	300m		
18	300m		
19	300m		
20	300m		
21	300m		
22	300m		
23	300m		
24	300m		
25	300m		
26	300m		
<b>BEST ON DAY</b>	<b>DISTANCE</b>	<b>1<sup>ST</sup> SPLIT</b>	<b>OVERALL TIME</b>
<b>NO STARTERS:</b>			

### 350 METRES

TRIAL NO	DISTANCE	1 <sup>ST</sup> SPLIT	OVERALL TIME
1	350m	6.82	19.74
2	350m	6.81	20.08
3	350m	6.75	20.09
4	350m	7.02	20.43
5	350m	6.87	20.22
6	350m	7.09	20.76
7	350m	6.94	20.20
8	350m H/S	2.63	13.21
9	350m H/S	2.60	12.95
10	350m H/S	2.59	12.81
11	350m H/S	2.75	13.57
12	350m H/S	2.67	13.22
13	350m H/S	2.64	13.16
14	350m	6.72	19.65
15	350m H/S	2.66	12.82
16	350m H/S	2.72	13.39
17	350m H/S	2.64	13.12
18	350m H/S	2.69	13.15
19	350m H/S	2.82	13.39
20	350m H/S	2.69	13.03
21	350m H/S	2.70	13.27
22	350m H/S	2.63	12.96
23	350m H/S	2.61	12.76
24	350m H/S	2.73	13.39
25	350m H/S	2.68	13.05
26	350m H/S	2.66	13.15
27	350m H/S	2.67	13.10
28	350m H/S	2.69	13.25
29	350m H/S	2.75	13.35
30	350m	6.79	19.92
31	350m	6.98	20.06
32	350m	6.90	20.22
33	350m	6.95	20.27
36	350m	7.26	20.77
<b>BEST ON DAY</b>	<b>DISTANCE</b>	<b>1<sup>ST</sup> SPLIT</b>	<b>OVERALL TIME</b>
No Starters:			

⑦ x 3

TRIAL NO	DISTANCE (SLIPS)	1 <sup>ST</sup> SPLIT	OVERALL TIME
1	350	7.13	20.68
2		6.89	20.19
3		6.87	20.20
4		7.29	21.00
5		7.13	20.69
6	300	6.64	17.10
7		6.75	16.95
8		6.62	16.94
9		6.64	17.18
10		6.77	17.51
11		7.26	18.11
12		7.25	18.21
13		6.96	18.20
14	350	6.76	17.97
15		6.82	19.74
16			
17			
18			
19			
20			
21			
22			
23			
24			
25			
26			
27			
28			
29			
30			
31			
32			
33			
34			
<b>BEST ON DAY</b>			
<b>No of Slips:</b>			

① x 5