

**TRIALS SESSION**

DAY:

DATE:

**300 METRES**

TRIAL NO	DISTANCE	1 <sup>ST</sup> SPLIT	OVERALL TIME
1	300m		
2	300m		
3	300m	6-71	17-10
4	300m	6-63	17-46
5	300m	6-93	18-03
6	300m H/S	2-68	13-07
7	300m H/S	2-68	13-30
8	300m	6-91	17-62
9	300m	6-98	17-42
10	300m	6-87	17-39
11	300m	6-77	17-20
12	300m	6-66	17-02
13	300m	6-74	17-01
14	300m	6-65	17-07
15	300m	6-67	16-95
16	300m H/S	2-76	13-18
17	300m	2-72	13-39
18	300m	7-26	18-08
19	300m	7-08	18-27
20	300m	6-67	17-11
21	300m	6-79	17-44
22	300m	6-79	18-77
23	300m		
24	300m		
25	300m		
26	300m		
<b>BEST ON DAY</b>	<b>DISTANCE</b>	<b>1<sup>ST</sup> SPLIT</b>	<b>OVERALL TIME</b>
<b>NO STARTERS:</b>			

### 350 METRES

TRIAL NO	DISTANCE	1 <sup>ST</sup> SPLIT	OVERALL TIME
1	350m	6.85	19.93
2	350m HS		12.97
3	350m HS		12.95
4	350m HS		13.09
5	350m	6.72	19.69
6	350m	6.69	19.69
7	350m	6.68	19.67
8	350m	6.80	19.84
9	350m	6.75	19.47
10	350m HS		13.02
11	350m HS		13.22
12	350m HS	6.83	19.88
13	350m HS	6.71	19.56
14	350m H/S	2.54	12.60
15	350m H/S	2.57	12.68
16	350m H/S	2.58	12.90
17	350m H/S	2.57	12.86
18	350m H/S	2.62	13.05
19	350m H/S	2.60	12.99
20	350m HS	2.57	12.81
21	350m HS	2.50	12.67
22	350m HS	2.53	12.77
23	350m	6.69	19.47
24	350m	6.75	19.67
25	350m	6.94	20.58
26	350m	7.00	20.68
27	350m	6.89	20.46
28	350m	6.79	20.53
29	350m	6.75	19.83
30	350m	7.00	20.18
31	350m	7.04	20.43
32	350m	7.12	20.05
33	350m	7.12	20.06
36	350m	6.95	20.20
<b>BEST ON DAY</b>	<b>DISTANCE</b>	<b>1<sup>ST</sup> SPLIT</b>	<b>OVERALL TIME</b>
No Starters:			

TRIAL NO	DISTANCE (SLIPS)	1 <sup>ST</sup> SPLIT	OVERALL TIME
1	350	6-80	19-66
2	350	6-76	19-83
3	350	6-92	20-99
4	350	7-01	21-24
5	350	6-89	19-77
6	350 H/S	2-55	12-79
7	350		
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<b>BEST ON DAY</b>			
<b>No of Slips:</b>			